

*Stations of Easter Meditations* Podcast Series Transcript

Seventh Station of Easter (with Gabby Bibeau and Bro. Tom Redmond, SM)

**00:04 - Gabby Bibeau**

A long and rich tradition of Lent has been making the *Stations of the Cross* with Jesus. Station by station, step by step, we journey deeper into the Paschal mystery of the suffering and death of Jesus. Now, as we enter this graced season of Easter, NACMS is offering a weekly reflection on the stations of Easter supporting our growing relationship with the Risen Jesus.

**00:40 - Gabby Bibeau**

The Seventh Station of Easter: Touching the Body of Christ. We adore you, Jesus Christ, the Risen one, for by your holy obedience through the Paschal mystery, you have redeemed the world.

**01:14 - Gabby Bibeau**

At the seventh and final station of Easter, we paused to listen to St. Luke's account of yet another appearance of the Risen Jesus.

**01:48 - Bro. Tom Redmond, SM**

“As the apostles were talking about these things, Jesus himself stood among them and said, ‘Peace to you.’ They were startled and frightened and thought they were seeing a ghost. But Jesus said to them, ‘Why are you troubled, and why do these doubts rise in your hearts? See my hands and feet. Yes, it is I, myself, touch me and see for a ghost does not have flesh and bones as you see that I have.’ And when he had said this, he showed them his hands and his feet. Then he said to them, ‘Have you anything here to eat?’ They gave him a piece of broiled fish, which he took and ate.”

**02:54 - Gabby Bibeau**

A significant line in this passage are the words of Jesus, “Touch me and see for yourselves.” Two thoughts flow from this. First, in Mark's Gospel, there is the scene of the woman with the hemorrhage who reached out to touch even the fringe of the cloak of Jesus to be healed. Aware that power had gone out of him, Jesus asks, “Who touched me?” Now here at the seventh station of Easter, the Risen Jesus invites us to touch him, to know and experience the healing power and love within him. “Touch me, receive this new life.” This encounter builds on an earlier station of Easter where Jesus breathed upon the apostles where he breathes upon us to receive the Holy Spirit.

**04:02 – Gabby Bibeau**

The second thought brings us to the encounter between the Risen Jesus and Thomas. Jesus tells Thomas, “You believe because you have seen me.” Then Jesus continues with the beatitude for

the second, and third, and following generation of Christians. “Blessed are you who have not seen me yet believe.” Let us be thankful for the many people who have supported us in our faith lives. Let us be thankful for the times in our own prayer where we have sensed the holy and loving presence of the Risen Jesus, and may we be open to his invitation, “Touch me.” May the ears of our hearts be open to hear him speak to us. May our hands be open to reach out, to touch our neighbors, all part of the body of Christ.

*Regina cæli lætare, alleluia / Quia quem meruisti portare, allelúia / Resurréxit, sicut dixit, alleluia / Ora pro nobis Deum, alleluia.*