

## Lenten Meditations Podcast Ep. 2 Transcript

*The Transfiguration* (with Gabby Bibeau and Bro. Tom Redmond, SM)

### **00:15 - Gabby Bibeau**

Welcome to the second episode of our Lenten meditation series. Last episode, we spent some time praying with Jesus in the desert. Today we will listen to the story of the *Transfiguration*, and reflect on our own call to be transfigured into the image of Christ. Let's begin.

### **00:50 - Bro. Tom Redmond, SM**

A reading from the Holy Gospel according to Mark: “Jesus took with him Peter and James and John and led them up a high mountain apart by themselves. And Jesus was transfigured before them and his clothes became dazzling white, such as no one on earth could bleach them. And there appeared to them Elijah with Moses, who were talking with Jesus. Then Peter said to Jesus, ‘Rabbi, it is good for us to be here. Let us make three dwellings, one for you, one for Moses, and one for Elijah.’ He did not know what to say, for they were terrified. Then a cloud overshadowed them and from the cloud there came a voice, ‘This is my Son, the beloved. Listen to him.’ Suddenly, when they looked around, they saw no one with them anymore but only Jesus.” The Gospel of the Lord.

### **02:14 - Gabby Bibeau**

When reflecting on the Transfiguration of Jesus, Father Chaminade said, “The glory of Jesus Christ lies in the fact that his humanity is united to divinity. This means that in Jesus, the human is God, and God is human. Now it is this glory that Jesus communicates to us, and that results in our being one with God as he is.”

### **02:48 - Gabby Bibeau**

Spanish Marianists Enrique Aguilera and José María Arnaiz continue this theme of being one with Jesus in their book, *Enfleshing the Word*. They write, “The goal of the Marianist journey is conformity and union with Jesus in his mission of becoming human and redeeming the world. The Marianist journey takes the same course Jesus took. It is a journey of living with Jesus and living as he lived. Such a journey makes us capable of reproducing in our very selves the image of Jesus.”

### **03:47 - Gabby Bibeau**

Take a moment to reflect on the following questions: The goal of the Marianist journey is to become like Jesus, and Mary helps show us the way. How do you show Jesus to people? What qualities do you possess that are Christ-like?

*[Soft music 04:09 - 04:47]*

**04:47 - Gabby Bibeau**

How are you being called to grow? What are some habits or traits you possess that need to be transformed so others may better see Christ in you?

*[Soft Music 05:00 - 05:57]*

**05:57 - Gabby Bibeau**

Let us pray: My God, you are the all that fills my poverty. I come before you to adore you, to thank you for the gifts received from you, and to beg the graces I need to be faithful. Lord, increase in me the light of faith so that knowing you better and knowing myself always more fully, I may love you alone, think only of you, and look nowhere except to you in all things. Mary, you who are my mother, present me to Jesus, who is the Way, the Truth, and the Life for all ages unending. Amen.

**07:08 - Gabby Bibeau**

Come back in two weeks for our next Lenten meditation, which will be centered on the theme of *Faithfulness*. Until then, we hope you continue to have a Blessed Lent. Thank you for listening.